



**HOCHSCHULE OSNABRÜCK**  
UNIVERSITY OF APPLIED SCIENCES

# COUNSELING IN CASE OF **SEXUAL HARASSMENT AND SEXUALIZED VIOLENCE**

**No  
means  
No!**

For all students and employees of Hochschule  
Osnabrück University of Applied Sciences

In cooperation with  
Frauenberatungsstelle Osnabrück

**EQUAL OPPORTUNITY OFFICE  
(GLEICHSTELLUNGSBÜRO)**

*“Sexual harassment and sexualized violence are not tolerated or trivialized at our university!”*

Sexual harassment and sexualized violence are problems, largely taboo and often underestimated, across all areas of society. Higher education institutions, as workplaces and centers of learning, are unfortunately no exception to this rule. The Equal Opportunities Officer (Gleichstellungsbeauftragte) offers various services, including counseling, in cooperation with Frauenberatungsstelle Osnabrück.

**We are here for you to provide you with information and counseling if**

- You are affected by sexual harassment or sexualized violence.
- You are not sure whether your experiences constitute sexual harassment or sexualized violence.
- You have witnessed sexual harassment or sexualized violence.
- You are harassing others or are unsure whether you may have harassed others.
- You want to learn about ways of preventing sexual harassment and sexualized violence.
- You need contact information for individuals and organizations near you that provide counseling.

Information and counseling are provided anonymously upon request. These services are free of charge for all persons affiliated with the university, regardless of their gender. The service is provided by an external specialist (female) who is independent of the university's structures and hierarchies and is obligated to maintain confidentiality. Contact information is available for men who would prefer to be counseled by men.

**Contact information**

You can also reach us anytime at Phone: 0173 9619298  
(we will call you back as soon as possible)

e-mail: [hilfe-bei-belaestigung@hs-osnabrueck.de](mailto:hilfe-bei-belaestigung@hs-osnabrueck.de)

We are also happy to arrange an appointment.

[www.hs-osnabrueck.de/en/gleichstellungsbuero/  
sexual-harassment-and-sexualized-violence](http://www.hs-osnabrueck.de/en/gleichstellungsbuero/sexual-harassment-and-sexualized-violence)